

THE TIME IS NOW

k



Portfolio



The Power of Clear Communication

DELIVER THE MESSAGE

Kate Kopiczenko

Content Creator & Editor, CANVA Designer Translator, Copywriter

kate kopiczenko



Kate •

Artistic Soul

LOGICAL MIND

Kate Kapiczenko

Content Creator & Content Writer

Web & Social Media Content Creator,
Content Writer, Copywriter, Email
Marketing & Translator constantly
developing new skills and abilities.

EDUCATION

*University has taught me
Self-Discipline*

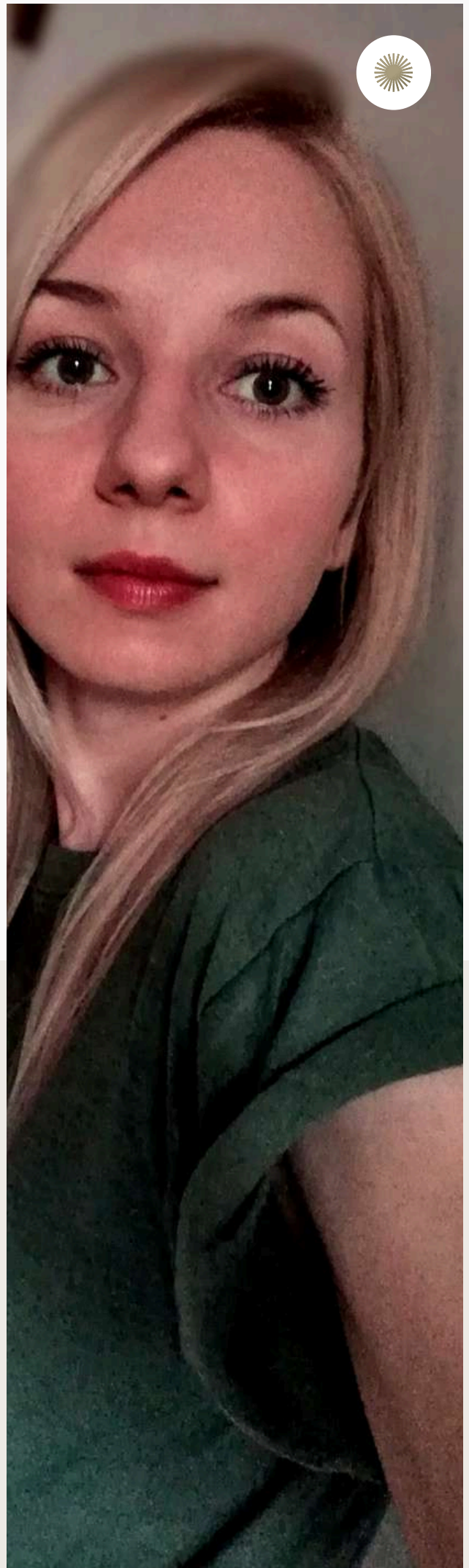
**Bachelor's degree in European Languages
and Cultures**

The University of Modena and Reggio Emilia
(UNIMORE), ITALY

Bachelor's Degree in Theater Arts

The Jagiellonian University Cracow, Poland

The other things I've learned while living my
life outside my comfort zone.





ABOUT ME

Hi, I'm Kate. I'm a content creator and content writer (English, Italian, Polish, French) who uses the power of imagination and her natural talent to deliver a clear message in the form of a text, image, or video.



What is the best-case scenario?

**the one that you're creating right
now**

Kate



I don't believe in motivation, because it's just a feeling. And like every other feeling, it's not constant. I don't waste time, energy, and effort to create something that is temporary just to feel extremely disappointed when it disappears...

I have a different approach, and it's called intentional action. In order to achieve a goal, and realize a project I look for inspiration, do a brainstorming session, plan the main steps, and put myself in motion.

I never wait till I'm ready because I strongly believe that the best ideas are born in a slightly chaotic environment.

kate kopiczenko

my journey

I have an artistic soul and a strong belief in sharing a message. Because writing has always been a passion of mine, I decided to turn it into my career. My journey started during my Bachelor's Degree in Theatre Studies. My goal was to become a Theatre Critic and reviewer. I reached that goal, but soon after, my life took a significant turn, and I moved to Italy to learn the language and discover what "il bel paese" has to offer me.

I took another University course in Modena (the land of Lambrusco and Tortellini) to improve my Italian. While pursuing my Bachelor's Degree in European Languages and Cultures in Italy, I also began a copywriter career.

I dedicated myself to studying communication in various languages, to connect with people from different countries. And the rest is history.

THEATRE CRITIC & REVIEWER

Excellent writing skills, including the ability to craft engaging, insightful, and unbiased reviews.

LANGUAGE & CULTURAL MEDIATION STUDIES

Professional linguistic and cultural mediation for commercial and service businesses. Develop promotional projects and advertising campaigns for international/multilingual audiences.

SOCIAL MEDIA CONTENT CREATION

Planning and executing social media strategies, creating and publishing content to a variety of platforms such as Instagram, Twitter, Facebook, LinkedIn, and TikTok, and interacting with their communities and audiences.

WEB CONTENT CREATION

Develop ideas and produce material and content that links a brand or business to its target audience. Delivering clear and inspiring messages in a form of text, image, video.

COPYWRITER & CREATIVE WRITING

Creating and editing original, interesting, and inspiring copy that is accurate, well-researched (SEO), and meets client/company needs and deadlines.



copywriter

They say that copywriting - the art of persuasion and selling emotions.

I've been mastering the art of persuasive copywriting to evoke emotions and drive action for years. I believe I discovered a secret to influencing others to excellence, to intentional action, and to success. And I'm using some powerful techniques for selling through words... but shhh

EVERYTHING STARTS IN THE HEAD

Everything starts in your head or rather where you are. Your mental well-being is far more important than you can ever imagine. A great mental state allows you to make good choices, stay focused on your top priorities, face and overcome challenges in life with confidence as well find more excitement in your everyday life.

Remember it is not that you take care of your mental well-being, but of all the good that you do that is up to A STRICT MENTAL DIET.

The purpose of mental diets is to boost your confidence, increase your mental focus, accomplish your most important goals faster, overcome your mental blocks, build psychological resilience, accelerate your success, enhance your productivity and others, and strengthen the most relationships in your life, your self-relationship.

If you're interested in taking control of your mindset, mastering your life, and becoming who you were born to be, a strict mental diet will help you achieve these goals. So the next question is, are you ready to go on a strict mental diet?

If you answer to yes, then continue to read this post to discover 10 simple ways to boost your mental well-being by going on a strict mental diet.

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7 Rules

The Ultimate List of Completely Free Things To Bring More Mindfulness Into Your Daily Life

A 30-day mindfulness challenge - 30 activities (foods & recipes) that reduce stress and anxiety, increase focus, boost productivity, decrease distractions, improve health and wellbeing, improve your mood, and increase happiness. It won't be so hard, trust!

- 01** Make it SIMPLE
- 02** Make it FUN
- 03** Be KIND to Yourself
- 04** If you don't like some activity don't force yourself to do it, just pick another one
- 05** Track your progress - write down your thoughts, observations and ideas
- 06** Celebrate all your achievements because they bring you closer to success
- 07** Remember that this 30-day mindfulness challenge is about self-improvement not about being perfect

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The possibilities are unlimited

THOUGHTS

All the possibilities already exist within the universe but in a different way of course in the non-physical realm. Everything you want right there and right now is already existing in a different stage or state in a parallel reality, in a different timeline.

Everything that you can possibly imagine is already there either the beginning or the end. Your only task is to bring it to the physical realm of your reality, and the most powerful tool to do that you already have - it's your mind, so start precisely your thoughts.

CREATE REALITY

“ If you want to find the secrets of the universe, think in terms of energy, frequency and vibration - Nikola Tesla ”

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BENEFITS OF STRICT MENTAL DIET

1. Increase self-awareness
2. Developing a powerful mindset
3. Design your life with mindfulness
4. Redirect your focus on what adds value to your life
5. Tap into your true potential
6. Unlock your creative power
7. Develop positive thinking patterns
8. Improving your mental focus
9. Switch timelines when you choose to do it
10. Achieving your most important goals quicker
11. Raise your frequency which makes manifestation easier and faster

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- SEO copywriting with the aim of captivating your audience and driving conversions.
- Creating content for websites in English, Italian, and Polish
- Writing a clear, concise copy for ads and marketing materials.
- Creating and proofreading texts for online marketing campaigns
- Producing high-quality and SEO-friendly content
- Planning and implementing marketing campaigns
- Writing an engaging copy for social media platforms, such as Facebook, Twitter, and Instagram.

blog posts

Neuron

“What you desire is already yours. It already exists just in a different shape or form in a parallel reality, in a different timeline. So your “only” task here is to make a quantum shift to a parallel timeline where you can actually enjoy the thing you desire so much.

Or more simply, you need to raise your vibration to match the frequency of what you want and the Universe will have no choice but to deliver it to you. It’s the fundamental law of the quantum field that we live in. It’s physics, not magic. (...)”

[READ MORE ON MY WEBSITE](#)



Dreams

“Your potential, your inner power, your personal strengths, and your ability to achieve your deepest dreams are limitless. They're all limitless. The only limitations that exist, exist in your mind only.

There's literally nothing that could stop you from achieving your goals except you, your self-limiting beliefs, your irrational fears, your bullsh*t negative thoughts, and worst-case scenarios for all occasions that you have already created in your mind and you keep on replaying them in your head all the time. Do you see where I'm going with this? (...)”

WWW.NEURONDREAMS.LIFE



“Limitations live only in our minds. But if we use our imaginations, our possibilities become limitless.”

— Jamie Paolinetti

translation

& cultural mediation

Lost in translation? I will help you to find the way out.

> To Foreignize or to Domesticate? I know the ANSWER!

> Combining cultural mediation and intercultural expression in both professional and personal life with an aim to deliver a clear message.

> Adapting marketing materials for a target audience in a different language to increase brand awareness, create interest, generate sales

> I offer my services to help entrepreneurs grow their buyer base by adding translations.

> I help you grow your own business so you can focus on your clients more.



Translation is a meaning making process

LANGUAGES

>

ENGLISH

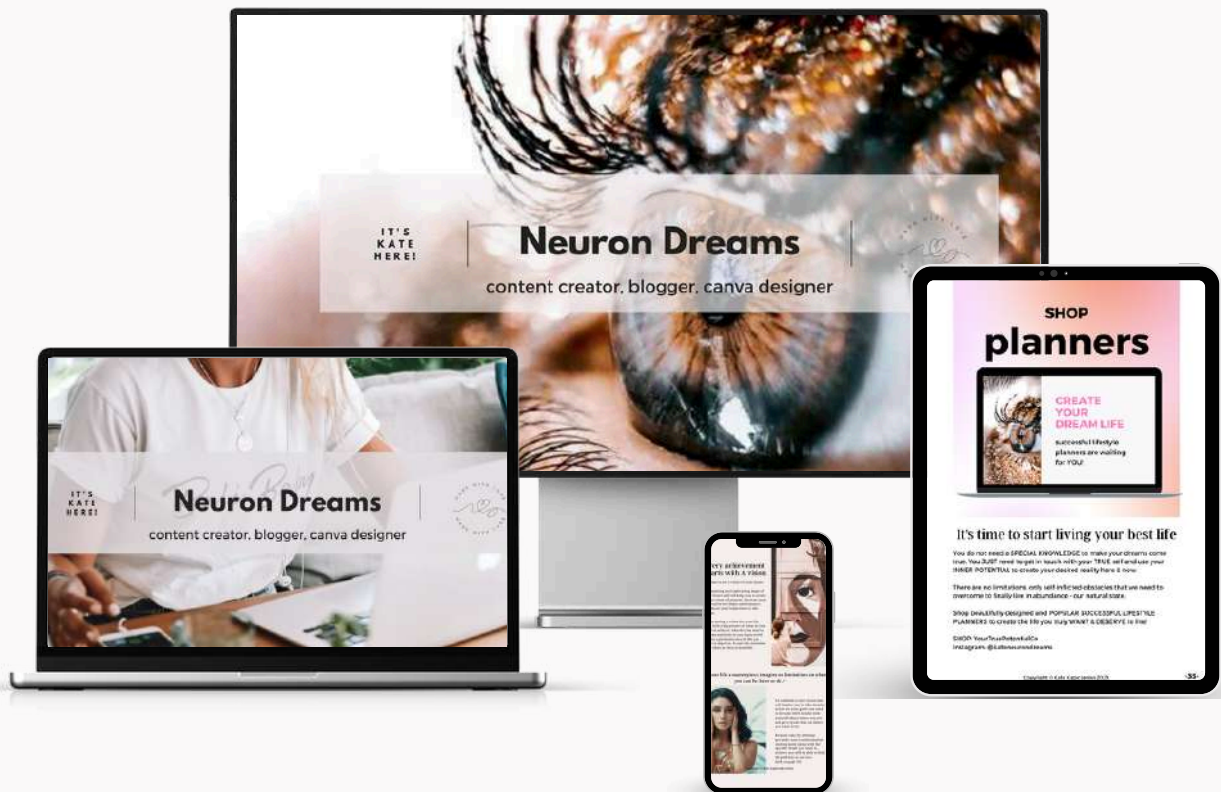
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ITALIAN

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POLISH

website creation

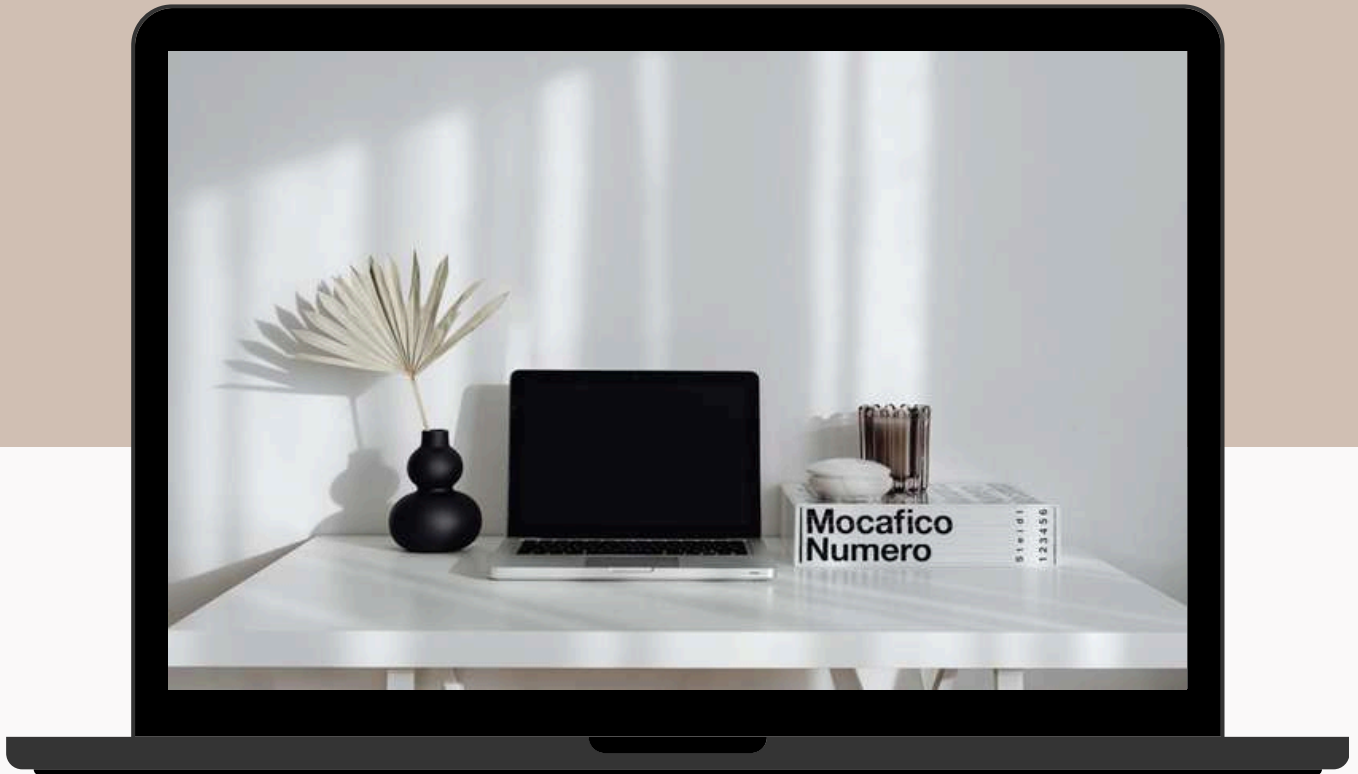


ELEMENTOR PRO

- Creating professional websites effortlessly using Elementor
- Crafting visually captivating and fully-functional webpages
- Building your dream website and elevating your online presence today so you can sleep peacefully!
- Building a simple, intuitive, and dynamic digital piece of art

CHECK MY WEBSITE:
WWW.NEURONDREAMS.LIFE

web content CREATION



- > I'm a driven, detail-oriented content creator who produces high-quality outputs for our business.
- > I offer my services to help entrepreneurs, bloggers, and social media influencers grow their online presence through organic reach.
- > I develop ideas, create and edit material and content that links a brand or business to its target audience.
- > I help others grow their brand so they can focus on their clients more.

THE POWER OF
INSPIRING MESSAGE

Dear self,
Focus on you,
your *actions*, and
your life.
you got this, sis

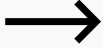
social media

CONTENT CREATOR

researching and turning content ideas into videos, images, infographics, and text captions.

creating high quality, original and inspiring content

A PICTURE IS
WORTH A
THOUSAND
WORDS



YOURCOMPANY.COM

I help you grow your own social media presence/business so you can focus on your clients and personal life more!

applying social storytelling in order to create a great brand's story.

evoke specific impressions, to attract desired reader, audience, customer





CANVA designer

DESIGNS ON DEMAND



I **CREATE** visually compelling and original designs for various publishing materials, including ebooks, planners, workbooks, guides, cheat sheets, social media posts, newsletter templates, media kits, brochures, business cards, resumes, posters, restaurant menus, and many more.

digital products

Healthy Lifestyle *planner*



shopnow

EBOOKS, PLANNERS, WORKBOOKS ON DEMAND

I create original, inspiring and life-changing digital planners, workbooks, ebooks

DIGITAL

SUCCESSFUL LIFE *bundle*



shopnow

HIGH-QUALITY, ORIGINAL & LIFE- CHANGING BUNDLES

I create and bundle digital products so that you can sell multiple items together as one package and earn more money more quickly

UNIVERSE

ACHIEVEMENT *bundle*



shopnow

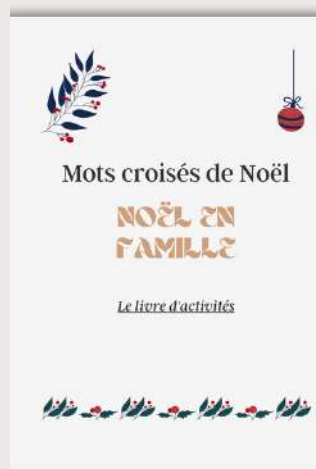
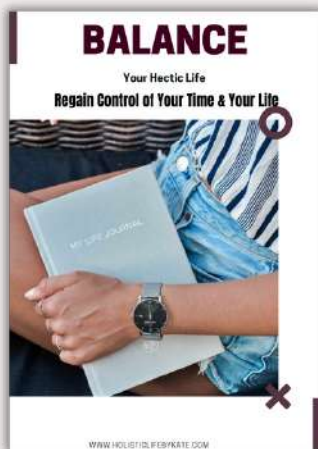
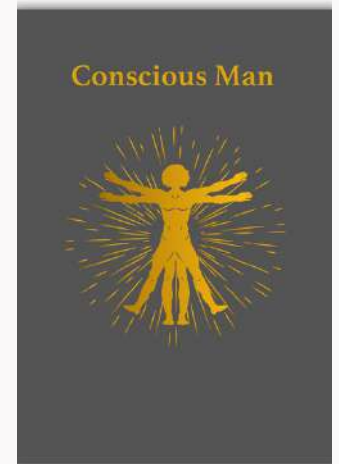
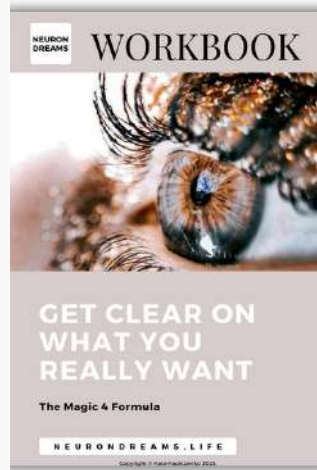
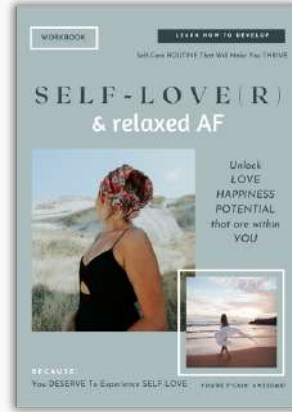
HIGH-QUALITY, FULLY EDITABLE CANVA TEMPLATES

I create an editable template on Canva so you can save your time, money and energy

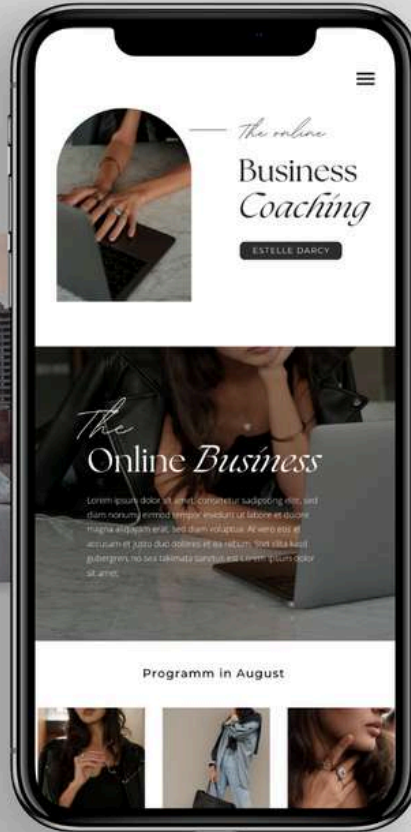
potential

digital products

EXAMPLES OF WORKBOOKS I CREATED



CANVA templates



CANVA GODDESS

RESUME



Professional clean CV resume template design with a photo that you can easily customize in CANVA

MEDIA KIT



Popular, professionally made, and beautifully designed FULLY Editable in Canva INFLUENCER MEDIA KIT

NEWSLETTER



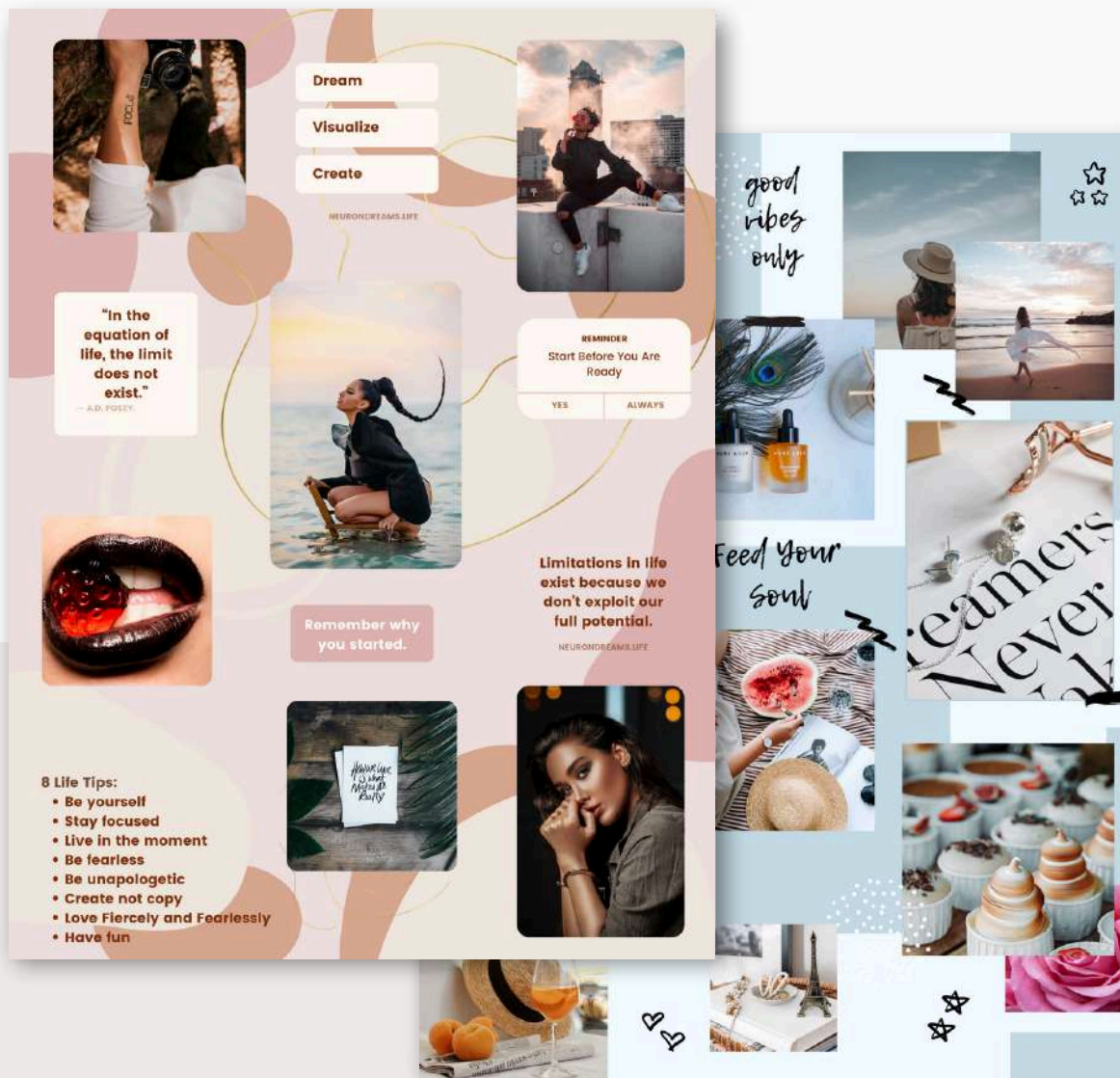
beautifully designed FULLY Editable EMAIL MARKETING NEWSLETTER TEMPLATE BUNDLE (all in one!)



photo collage

CREATING and optimizing photo collages for social media and print

Transforming your Instagram photos into captivating collages effortlessly and with passion. Make your feed stand out through beautiful, shareable memories.



IMAGINATION

Newsletter

Copywriting



Engaging

unleashing the power of compelling newsletter copy to captivate your audience



Concise

writing newsletter content that's concise, focused, and keyword rich



Memorable

crafting memorable copy that captivates your audience.

Do you want to discover how I master the art of writing captivating newsletter content that keeps readers coming back for more? And if you have a bit more time I will show you the right tools to unlock the secrets to higher click-through rates! Cheers!

NEWS NEWS NEWS

NEW YOUTUBE VIDEO

BEHIND THE SCENES



WATCH IT HERE



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ABOUT US

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we're making history!

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READ MORE

you can find our products in these shops:



our customers



WEBSITE LUNCH

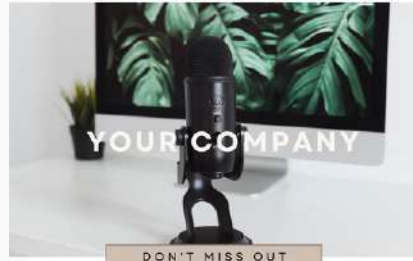
New client website



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LEARN MORE

NEW POSTCARD



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TRENDING THIS WEEK

TRENDING THIS WEEK

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NEXT MONTH RELEASE

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SHOP NOW



NEW LAUNCHED

NEW PRODUCTS



Already A Bestseller!

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NEWSLETTER I CREATED

Because newsletters are easily read online, you can receive all of your important and latest updates in one go. Unlike daily updates on a weekly round-up that's composed of various information about the nature of your business.



Because newsletters are easily read online, you can receive all of your important and latest updates in one go. Unlike daily updates on a weekly round-up that's composed of various information about the nature of your business.



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OUR APP

03. 50% DISCOUNT



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Receive our exclusive and most recent information in your email.

REALIZATIOTIT.COM

SHOP UP

WHAT'S NEW on our website



INVITATION

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NEW COURSE

YOUR COMPANY



NEW COURSES

MARKETING



5295

BRANDING



6995

SOCIAL MEDIA



4995

IN STOCK



01. NOW IN STOCK.

Exclusive outfit for this season. Feels comfortable to accompany you day by day.

SHOP NOW



SHOP NOW

FREE EBOOK

Sign up at the link in bio to get these freebies in your inbox.

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LEARN MORE

IT'S
KATE
HERE!

Neuron Dreams

content creator, blogger, canva designer



neuron dreams

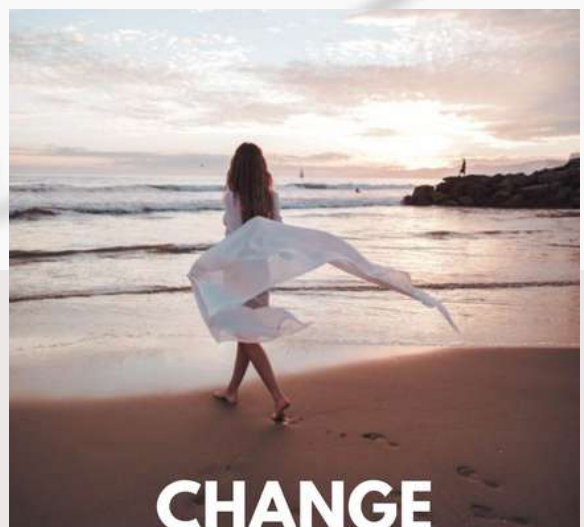
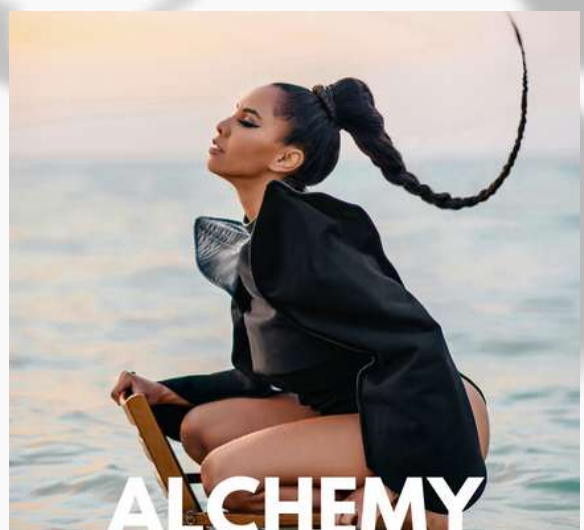
combine logic and magic

NEURON DREAMS is the platform I created (as a blogger, MINDSET coach & and conscious creator of my own experience) to share my knowledge about personal development, living your best life, and manifesting your dreams into your current 3d reality.

You will find ARTICLES explaining how to use your personal power and innate ability to manipulate the energy of the quantum field so that they can achieve what they WANT in this lifetime. Plus, plenty of FREE planners, workbooks, and challenges that will help you to uplevel your life.

www.neurondreams.life

created with Elementor PRO





modern alchemy

“It all began with a dream, a captivating vision of the life I genuinely desired. The issue was, I was unsure how to transform this vision into actuality.

Then, in 2018, I discovered the Law of Attraction, igniting my journey to comprehend the workings of the universe.

I sensed that life had more to offer than just going through daily routines and challenges. I had an irresistible intuition that the Universe presents countless possibilities in the present moment, and it's up to us to choose and manifest the one we desire. Though it may sound like magic, it's not.

You don't require any specialized knowledge to make your dreams a reality. You simply need to connect with your authentic self and tap into your inner potential to shape your desired reality here and now. There are no limitations, only self-imposed barriers that we must overcome to finally dwell in abundance, which is our innate state.

So the real question is: Are you ready to live in an abundance state?” **(ORIGINAL TEXT WRITTEN BY KATE)**



↪ **Kate is creating original content on her platform NEURON DREAMS**

Strict Mental Diet



WORKBOOK

regain your personal power to achieve your deepest dreams

NEURONDREAMS.LIFE



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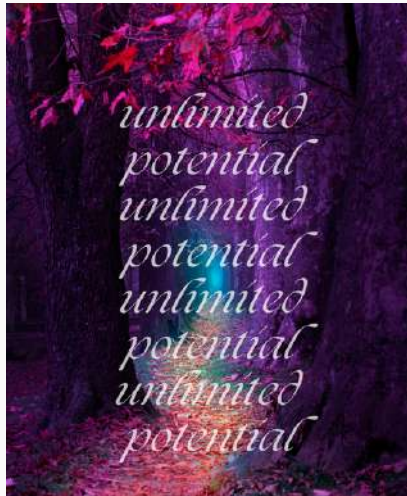


IT'S TIME FOR A

STRICT MENTAL DIET

NEURON DREAMS

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Content

1. BENEFITS OF A STRICT MENTAL DIET
2. UNLOCK YOUR INNER POWER
3. HOW TO BUILD MOMENTUM
4. THE IMPORTANCE OF SELF-CARE
5. THE IMPORTANCE OF INNER DIALOGUE
6. OVERCOMING SELF-LIMITING BELIEFS
7. HOW TO DEVELOP A POSITIVE MINDSET
8. HOW TO CONTROL YOUR FOCUS
9. MORNING & EVENING ROUTINE
10. THE POWER OF SELF-DISCIPLINE
11. EXERCISES

A N O T H E R D I M E N S I O N

EVERYTHING STARTS IN THE HEAD

Everything starts in your head no matter where you are. Your mental well-being is far more important than you can even imagine. A strict mental diet allows you to make good choices, stay focused on your top priorities, stay and overcome challenges in life with confidence and even find more enjoyment in your everyday life.

Therefore it is vital that you take care of your mental well-being, and of all the best ways to do that is to go on A STRICT MENTAL DIET.

The purpose of mental dieting is to boost your confidence, increase your mental focus, accomplish your most important goals faster, overcome your "mental blocks", build psychological resilience, overcome your success, ensure your relationships with others, and strengthen the most relationships in your life - your self-relationship.

If you're interested in taking control of your mindset, transforming your life, and becoming who you were born to be, a strict mental diet can help you achieve these goals.

In the next question is are you ready to go on a strict mental diet?

If your answer is yes, then continue to read this post to discover 10 simple ways to boost your mental well-being by going on a strict mental diet.

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BENEFITS OF STRICT MENTAL DIET

1. Increase self-awareness
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11. Raise your frequency which makes manifestation easier and faster

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Benefits of a Strict Mental Diet



- Strengthening your self
- Developing powerful mindset
- Feeding your mind with valuable content
- Improving your mental focus
- Unlocking your full potential
- Boosting your creative potential
- Developing positive thinking patterns
- Taking advantage of your current situation
- Achieving your most important goals
- Living your best life



SHOP planners



Neuron Dreams
content creator, blogger, canva designer

It's time to start living your best life

You do not need a SPECIAL KNOWLEDGE to make your dreams come true. You JUST need to get in touch with your TRUE self and use your INNER POTENTIAL to create your desired reality here & now.

There are no limitations, only self-inflicted obstacles that we need to overcome to finally live in abundance - our natural state.

Shop beautifully designed and POPULAR SUCCESSFUL LIFESTYLE PLANNERS to create the life you truly WANT & DESERVE to live!

SHOP: YourTruePotentialCo
Instagram: @katoneurondreams
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work with me

thank
you

- Web Content Creation (high-quality and SEO friendly)
- Content Editing
- Translation & Cultural Mediation (English, Italian, Polish)
- Copywriter (English, Italian, Polish)
- Online Marketing Campaigns
- CANVA designs social media templates
- CANVA digital products design
- Social Media Content Creator (posts, descriptions)
- Sponsored Blog Posts
- Content Marketing
- Digital Marketing
- CMS – WordPress
- Elementor, SEO Experienced
- and many more!

Kate



create

like there's no f*ckin' tomorrow

